
A RIG RGAD PO VISITS LHA SA

Pad ma skyid བད་མ་སྒྱིད།

My name is Pad ma skyid. I was born in 1981 in Pan yag Community, 'Bo spa Township, Pad ma County, Mgo log Tibetan Autonomous Prefecture, Mtsho sngon (Qinghai) Province. I have eight siblings. Growing up in a black yak-hair tent, we spent our days playing with lambs, foals, and calves. We told all sorts of stories when everyone was in bed - stories about King Ge sar, ghosts, marriages, and tricksters. It was a time for my whole family to relax and share. I heard many A rig rgad po stories from my parents, siblings, and guests. A rig rgad po became part of my childhood. These stories bring back many beautiful memories.

Long ago, everyone thought thought Arig was stupid. Once he set off with a group on pilgrimage to Lha sa. On the way, he went to a woman's home and asked for food. When she kindly offered a bowl of cooked rice, A rig rgad po felt offended and got angry.

"What's the matter?" she asked.

"No matter how stupid I am, I will not eat ant larvae," he said.

Realizing A rig rgad po didn't like rice, she kindly asked, "Oh, A rig rgad po, what kind of food do you want?"

"All I want is *rtsam pa* with cheese and butter," said A rig rgad po.

The kind woman then gave *rtsam pa* to A rig rgad po and rice to his companions.

 NON-ENGLISH TERMS

'bo spa འབོ་སྤ།
 a rig rgad po ཨ་རིག་རྒྱ་དཔོ།
 ge sar གེ་སར།
 lha sa ལྷ་ས།
 mgo log མགོ་ལོག།
 mtsho sngon མཚོ་སྒོན།
 pad ma པད་མ།
 pad ma skyid པད་མ་སྦྱིད།
 pan yag པན་ཡག།
 Qinghai ཀྲུང་ལོ་མའི་ཁྲི་མའི་ཁྲི་མ།
 rtsam pa རྩ་མ་པ།